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This document is intended for:

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Administrators	
Parents of Children in ECS to Grade 3	✓
General Public	
Other	

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INTRODUCTION

This updated *Parent Resources Inventory* is a collection of publications that addresses issues of interest to parents and teachers of children in ECS to Grade 3. The inventory contains the titles and brief descriptions of articles and newsletters on a wide range of topics related to education, child development and child rearing.

ARTICLES AND NEWSLETTERS

The articles included in the inventory were selected with the assistance of parents and teachers from across Alberta.

Permission of the various publishers has been obtained so that the publications may be reproduced by Alberta Education for educational purposes on the condition that appropriate credit is given to the authors and publishers.

Copies of the articles and newsletters are available free of charge from the Education Response Centre. An order form is provided on page 28 of the inventory. Please limit requests to a total of one copy each of up to ten different publications. Forward completed order forms to:

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NOTE: Opinions of the authors of the publications in the inventory do not necessarily reflect the philosophy of Alberta Education.

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Abuse

AB 01 Kaye, M. (1991). The nightmare of childhood sexual abuse can last a lifetime but, increasingly, adult survivors are waking to renewed hopes and dreams. Canadian Living, 16(3), 143, 145-148.

Discusses child sexual abuse: what it is, how common it is, how it affects adults who were abused as children and how therapy can help to heal the effects of abuse. (5 pages)

AB 02 Monk, V. (1990). No quick fixes. The Manitoba Teacher, 69(2), 10-11.

Describes how abuse affects children's thoughts, feelings and actions, and suggests ways that teachers, counsellors and other caring adults can help children heal from abuse. (2 pages)

AB 03 Strage, A., & Scott, M. (1990). Protecting preschoolers. Thrust For Educational Leadership, 20(2), 23-27.

Discusses the benefits of parent involvement in child abuse prevention programs. (5 pages)

Adoption

AD 01 American Academy of Child and Adolescent Psychiatry (1989). The adopted child. The Gifted Child Today, 12(4), 22.

Provides a brief description of ways parents can talk with adopted children about their adoption. (1 page)

Advocacy

AY 01 Goffin, S. G. (1989). How well do we respect the children in our care? Childhood Education, 66(2), 68-74.

Describes the importance of respecting children and gives examples of respect and disrespect. Although the article is geared toward teachers, the information is also meaningful to parents. (7 pages)

AY 02 McAnaney, K. (1990). How did I get this tough? Fighting for your child's rights. Exceptional Parent, 20(5), 20-22.

Describes one mother's experiences learning to fight for her exceptional child's rights. She explains how her assertiveness was sometimes taken for pushiness. (3 pages)

Aggression

AG 01 American Academy of Child and Adolescent Psychiatry (1991). Conduct disorders. The Gifted Child Today, 14(5), 45.

Provides a brief overview of some signs, causes and treatments of conduct disorders. (1 page)

AG 02 Bullock, J. (1988). Altering aggression in young children. The Education Digest, 54(3), 44-47.

Discusses children's aggressive feelings and the need for teacher intervention when these feelings turn to violence. (4 pages)

AG 03 Cowley, D. (1989). How to control the school bully. Reader's Digest, 134(801), 39-43.

Discusses the problem of bullying and suggests ways for controlling it. (5 pages)

AG 04 Lopez, L. (1991). Keeping kids out of gangs. Thrust For Educational Leadership, 21(1), 28-30.

Discusses reasons why children join gangs and provides ways educators and parents can counteract this trend. (3 pages)

Bias and Stereotyping

BG 01 Davies, M. S. (1991). Should all scientists be men? The ATA Magazine, 22(1), 12-14.

Discusses how society more often encourages boys rather than girls to study science. (3 pages)

Communication

CM 01 Chenfeld, M. B. (1990). My loose is tooth! Kidding around with the kids. Young Children, 46(1), 56-60.

Discusses the importance of humor in relationships with children. Although directed at teachers, the article provides insights for parents. (5 pages)

Computer Technology

CT 01 Freeze, D. R. (1988). Microcomputers in special education. Canadian Journal of Special Education, 4(1), 9-22.

Discusses the introduction of microcomputers into special education and how to evaluate programs. (14 pages)

Coping Skills/Stress in Children

CS 01 Fredericks, A. D. (1990). Stress and your child. Teaching Pre K-8, 20(5), 38.

Suggests ways parents can help their children cope with stress. (1 page)

CS 02 Newman, F. (1991). Anger: Do we understand it? Do we deal with it well? FWTAO Newsletter, 9(4), 14-20.

Discusses different ways children show anger, what causes anger and different ways adults can handle children's anger. (7 pages)

CS 03 O'Brien, S. J. (1988). Childhood stress: A creeping phenomenon. Childhood Education, 65(2), 105-106.

Outlines some of the signs of childhood stress and provides steps to help children handle stress. (2 pages)

Developmental Skills and Stages

DS 01 Boisvert, D. (1989). Daycare or home: The challenge of maturity differences. The ATA Magazine, 69(2), 14-16.

Discusses various ways to deal with children's different levels of maturity. (3 pages)

Discipline

DC 01 Walker, J., & Dangel, H. (1991). Helping parents to help their gifted child. Challenge, 10(1), 10-13.

Suggests ways to discipline children. The suggestions are relevant for all children, not just gifted children. (4 pages)

Early Childhood Programs

EP 01 Gray, C. (1987). Should your child go to preschool? Chatelaine, 60(9), 30.

Suggests ways to evaluate preschools and to determine if your child is ready for one. (1 page)

EP 02 O'Brien, S. J. (1989). But when is nap time? Childhood Education, 65(3), 163-164.

The author describes a visit to a kindergarten and explains how kindergartens have changed in the past 25 years. (2 pages)

Exceptional Children/Children with Special Needs

EC 01 B.C. Ministry of Education (1990). The universal playground. Exceptional Parent, 20(7), 26, 28-29.

Discusses the importance of play. Describes and illustrates ways to adapt playground equipment for children with special needs. (3 pages)

EC 02 Brain injuries. (1993). Alberta Child Development Newsletter, 2(2).

Discusses causes and treatment of brain injuries in children, reviews literature, provides suggestions for parents and teachers, and lists community resources and reading resources. (4 pages)

EC 03 Guzzo, P., & Guzzo, B. (1991). Scott's IEP includes technology: The Guzzo family's journey. Exceptional Parent, 21(8), T2-T5.

Describes one family's experience using assistive technology to help their son with multiple disabilities to succeed at school. (4 pages)

EC 04 Hirst, C. C., & Shelley, E. Y. (1989). They too should play. Teaching Exceptional Children, 21(4), 26-28.

Discusses the importance of play in childhood and suggests activities for children with special needs. (3 pages)

EC 05 McCall, R. B. (1989). A.D.D. alert. Learning, 17(5), 66-69.

Describes symptoms and treatments of ADD (Attention Deficit Disorder) and discusses the difficulties of accurate diagnosis and the effects of ADD on schooling. (4 pages)

EC 06 McDonald, L., Kysela, G. M., Siebert, P., McDonald, S., & Chambers, J. (1989). Parent perspectives: Transition to preschool. Teaching Exceptional Children, 22(1), 4-8.

Describes an Edmonton infant program study on the transition of exceptional children from home to preschool. Provides parents' answers to questions that may be of interest to other parents considering preschool enrolment for their children with special needs. (5 pages)

EC 07 Newman, R. L., & Tyler, D. B. (1991). Before- and after-school programs for children with special needs. Teaching Exceptional Children, 23(3), 45-48.

Describes five characteristics of effective before- and after-school programs for children with special needs, to assist parents in making decisions about child care. (4 pages)

EC 08 Raschke, D. B., Dedrick, C. V. L., & Hanus, K. (1991). Adaptive playgrounds for all children. Teaching Exceptional Children, 24(1), 25-28.

Provides tips for parents and school personnel for planning a playground to include equipment for children with disabilities. (4 pages)

EC 09 Schleifer, M. J., & Klein, S. D. (1990). Play is important. Exceptional Parent, 20(3), 15.

Discusses the importance of play and fun in relationships between parents and children with special needs. (1 page)

EC 10 Seal, B. C. (1987). Working parents' dream: Instructional videotapes for their signing deaf child. American Annals of the Deaf, 132(6), 386-387.

Describes a program in which parents are able to watch their signing deaf children participate in playschool. (2 pages)

EC 11 Self-injurious behavior. (1992). Alberta Child Development Newsletter, 1(1).

Defines self-injurious behaviour (SIB), discusses treatment and care, reviews literature, provides suggestions for parents and teachers for care of SIB children, and lists community resources and reading resources. (4 pages)

EC 12 Wolfson, P. L. (1991). Preparing for the mainstream. Exceptional Parent, 21(4), 24-26.

A mother of a child with Duchenne muscular dystrophy describes her son's experiences at a summer camp that was not designed specifically for children with special physical needs. (3 pages)

Gifted and Talented Children

GT 01 Brewster, M. (1990). Parents can help train gifted writers. The Gifted Child Today, 13(3), 8.

Describes ways parents can help gifted children become good writers. (1 page)

GT 02 Kargess-Bone, L. (1989). Home-grown gifted. The Gifted Child Today, 12(1), 5-6.

Describes preschool environments and activities for gifted children and their mothers. (2 pages)

GT 03 Martin, J. (1990). Gifted children: Working with their parents. FWTAO Newsletter, 8(4), 22-25.

Discusses how teachers and parents of gifted children can work together to meet the cognitive, social, emotional, intuitive and physical needs of gifted children. (4 pages)

GT 04 Walker, J. J., & Dangel, H. L. (1992). Helping parents help their gifted child: Understanding tests used for placement. Challenge, 10(3), 14-15.

Gives parents some general information about testing procedures used to determine if a child is eligible for a gifted program. (2 pages)

Health

HT 01 American Academy of Child and Adolescent Psychiatry (1991). The child with a long-term illness. The Gifted Child Today, 14(1), 37.

Provides a brief overview of typical psychological reactions of children with a serious physical illness. Includes some suggestions for parents. (1 page)

HT 02 American Academy of Child and Adolescent Psychiatry (1990). The depressed child. The Gifted Child Today, 13(4), 39.

Provides a brief overview of childhood depression, including a description of what it is and some signs parents can watch for. (1 page)

HT 03 Gray, C. (1987). A good night's sleep. Chatelaine, 60(4), 42.

Discusses the importance of establishing healthy sleeping habits in children. (1 page)

HT 04 Gray, C. (1987). Safe fun in the sun. Chatelaine, 60(5), 32.

Gives tips on how to prevent sunburn. (1 page)

HT 05 Middle ear infections. (1992). Alberta Child Development Newsletter, 1(2).

Discusses signs and symptoms of middle ear infections in children, reviews literature, provides suggestions for parents and teachers, and lists community resources and reading resources. (4 pages)

HT 06 School injuries. (1992). Alberta Child Development Newsletter, 1(4).

Discusses causes and prevention of school injuries, reviews literature, suggests prevention techniques for parents and teachers, and lists community resources and reading resources.
(4 pages)

HT 07 Sleep disorders. (1992). Alberta Child Development Newsletter, 1(3).

Discusses causes and treatment of sleep disorders in children, reviews literature, provides suggestions for parents and teachers, and lists community resources and reading resources. (4 pages)

Independence/Responsibility

IR 01 Campbell, J. T. (1988). Latchkey children. Parks and Recreation, 23(2), 52-54.

Describes various American programs for latchkey children. (3 pages)

IR 02 Fredericks, A. D. (1990). The buck stops here. Teaching Pre K-8, 21(1), 22.

Outlines steps parents can take to help their children become responsible. (1 page)

IR 03 Fredericks, A. D. (1991). Helping kids help themselves. Teaching Pre K-8, 21(8), 22.

Discusses ways parents can help children to solve problems themselves. (1 page)

IR 04 Fredericks, A. D. (1991). Money matters start at home. Teaching Pre K-8, 21(7), 23.

Presents several ways parents can teach their children to manage/spend money wisely. (1 page)

IR 05 Koblinsky, S. A., & Todd, C. M. (1991). Teaching self-care skills. Teaching Exceptional Children, 23(3), 40-44.

Talks about teaching self-care skills to children who are at home alone, especially children with special needs. (5 pages)

Loss and Bereavement

LB 01 Furman, E. (1990). Plant a potato -- Learn about life (and death). Young Children, 46(1), 15-20.

A teacher describes how she used a potato-growing project to teach young children about life and death. (6 pages)

LB 02 Newman, F. (1990). Coping with sudden death. FWTAO Newsletter, 8(3), 46-49.

Provides suggestions for helping children to deal with the death of a classmate or teacher. This article is written primarily for teachers but will also be interesting to parents. (4 pages)

Moral and Social Development

MS 01 Armstrong, S. W., & McPherson, A. (1991). Homework as a critical component in social skills instruction. Teaching Exceptional Children, 24(1), 45-47.

Suggests that children should do homework in social skills. The authors explain why this is a good idea and give examples of a homework assignment and a teacher form. (3 pages)

MS 02 Gray, C. (1987). Your child's personality. Chatelaine, 60(8), 30.

Explores the effect parents have on their children's developing personalities. (1 page)

MS 03 Lickona, T. (1988). Four strategies for fostering character development in children. Phi Delta Kappan, 69(6), 419-423.

Discusses how self-esteem, sense of community, learning to cooperate, moral reflection and decision-making help develop children's character. (5 pages)

MS 04 Schulze, K. A., Rule, S., & Innocenti, M. S. (1989). Coincidental teaching: Parents promoting social skills at home. Teaching Exceptional Children, 21(2), 24-27.

An overview of a simple, effective way for parents to teach their children social skills. Includes some examples and a sample lesson on sharing. (4 pages)

Motivation

MN 01 Conroy, M. (1988). How kids learn: What teachers say. The learning-teaching link. Learning, 17(4), 40-43.

Discusses factors (e.g., age, self-concept, motivation) that influence a child's learning. Emphasizes that different children learn best in different ways. (4 pages)

Parent Involvement

PI 01 Fredericks, A. D. (1990). Report cards: Teamwork or trial. Teaching Pre K-8, 20(6), 24.

Suggests positive ways that parents can respond to their children's report cards. (1 page)

PI 02 Fredericks, A. D. (1991). Science homework. Teaching Pre K-8, 21(5), 18.

Suggests ways parents can involve children in science activities at home. (1 page)

PI 03 Fredericks, A. D. (1991). The whole language newsletter for parents. Teaching Pre K-8, 21(1), 134, 137.

Explains what "whole language" is and how teachers use it in the classroom, and suggests activities parents can do at home to encourage their children's reading and writing. (2 pages)

PI 04 Galen, H. (1991). Increasing parental involvement in elementary school: The nitty-gritty of one successful program. Young Children, 46(2), 18-22.

Describes a "Parents as Partners" project in New Jersey, U.S.A., in which parents and teachers work together to benefit students. (5 pages)

PI 05 Hodapp, J. B., & Hodapp, A. F. (1991). ABC's of homework: Tips for parents. Intervention in School and Clinic, 26(5), 282-283.

Lists ways parents can help their children with homework and encourage good study habits. (2 pages)

PI 06 Illinois Association of School Boards (1989). Parent-teacher conferences: Helping your child. The School Trustee, 42(2), 24-25.

Provides tips to help parents use parent-teacher conferences to establish a close working relationship with their children's teachers. (2 pages)

PI 07 Longinotti, C. (1990). Reports, records and parental control. Exceptional Parent, 20(3), 26-28, 30.

Recommends ways parents of exceptional children can understand and be involved in the reports that are written about their children's medical and educational progress. (4 pages)

PI 08 Potter, G. (1989). Parent participation in the language arts program. Language Arts, 66(1), 21-28.

Describes several ways parents can be involved in their children's learning. (8 pages)

Parenting

PG 01 Adams, B., Wilgosh, L., & Sobsey, D. (1990). Parents' reflections about their children with severe disabilities. The Alberta Counsellor, 18(2), 7-9.

Tells the stories of ten families of children with severe disabilities. (3 pages)

PG 02 Fox, R. A., Anderson, R. C., Fox, T. A., & Rodriguez, M. A. (1991). STAR parenting: A model for helping parents effectively deal with behavioral difficulties. Young Children, 46(6), 54-60.

Describes a technique to help parents set realistic expectations for their children's behavior. Discusses ways of responding to problem behaviors. (7 pages)

PG 03 Fredericks, A. D. (1990). Build them up -- Listen. Teaching Pre K-8, 21(2), 31.

Describes ways parents can improve their listening skills. (1 page)

PG 04 Fredericks, A. D. (1990). It's about time. Teaching Pre K-8, 20(7), 23.

Describes several ways that parents can spend quality time with their children. (1 page)

PG 05 Fredericks, A. D. (1990). Where are you, dad? Teaching Pre K-8, 20(8), 28.

Describes several ways that fathers can spend quality time with their children. (1 page)

PG 06 Fredericks, A. D. (1991). Encouraging family harmony. Teaching Pre K-8, 21(6), 22.

Discusses ways parents can help children in the family to get along with each other. (1 page)

PG 07 Fredericks, A. D. (1991). Good tactics, good thinking. Teaching Pre K-8, 21(1), 92.

Gives parents ideas for helping their children to become critical thinkers. (1 page)

PG 08 Gray, C. (1987). The parent-caregiver relationship. Chatelaine, 60(2), 42.

Discusses ways parents can avoid problems in their relationships with daycare staff, nannies and/or sitters. (1 page)

PG 09 Gray, C. (1987). Your influence on your child. Chatelaine, 60(5), 30.

Suggests that gaining a child's cooperation is a more effective form of discipline than using blunt authority. (1 page).

PG 10 Harrington-Lueker, D. (1989). Are today's fast-track parents pushing their children too hard? The American School Board Journal, 176(4), 27-29.

Discusses why some parents expect too much from their children and suggests that they slow down and enjoy spending time with them. (3 pages)

PG 11 Hollingsworth, P. L. (1990). Making it through parenting. The Gifted Child Today, 13(3), 2-7.

Describes four types of parenting extremes (perfectionism, over-indulgence, over-coercion and over-permissiveness) in parents of gifted children and suggests ways parents can avoid these extremes. (6 pages)

PG 12 O'Brien, S. J. (1991). How do you raise respectful children in a disrespectful world? Childhood Education, 67(3), 183-184.

Describes ways parents can encourage their children to have respect for others. (2 pages)

PG 13 Ryval, M. (1991). Parents and kids: How to avoid burnout. Chatelaine, 64(3), 26.

Suggests ways that working and stay-at-home mothers can prevent burnout from parenting. (1 page)

PG 14 Wilgosh, L., & Waggoner, K. (1988). Parenting children with learning disabilities. The ATA Magazine, 69(1), 39-41.

Presents the thoughts and feelings of several parents of children with learning disabilities. (3 pages)

Reading, Writing and Literature

RG 01 Alberta Education & University of Alberta (1991). Parents ask about language learning: A booklet of questions and answers. Edmonton: Alberta Education, Curriculum Branch.

Describes how children develop language and learn to use basic language skills (speaking, listening, reading and writing). Discusses how teachers test language development and provides a variety of language activities that parents and children can do at home. (28 pages)

RG 02 Bissex, G. L. (1989). Did you ask any good questions today? Early Childhood Education, 22(2), 4-5.

Describes how asking questions leads to knowledge and understanding, and can help children become better readers. Although directed at teachers, this article poses interesting questions for everyone. (2 pages)

RG 03 Forsythe-Moore, A. (1990). Understanding the writing process. FWTAO Newsletter, 8(4), 15-17.

The author shares an inspiring memory of the first time she wrote a story and shared it with her mother. (3 pages)

RG 04 Mackey, M. (1990). Filling the gaps: The Baby-Sitters Club, the series book and the learning reader. Language Arts, 67(5), 484-489.

Discusses the advantages and disadvantages of encouraging children to read series books (e.g. *Baby-Sitters Club*). (6 pages)

RG 05 McLeer, S., & Hayden, R. (1989). My son, the reluctant writer: Blossoming into authorship. Early Childhood Education, 22(2), 8-10.

A mother describes how she and her husband encouraged their son to write stories. (3 pages)

Play and Playgrounds

PY 01 Wallach, F. (1988). Are we teaching playground abuse? Parks and Recreation, 23(10), 34-36.

Suggests that many playground accidents are caused because children are not taught how to play safely on playground equipment. (3 pages)

SY 07 Alberta Safety Council/Early Childhood Services (1979). Let Sleeping Dogs Lie. Tot Talk No. 29.

Suggests precautions to take to keep outdoor experiences with animals safe and fun. (1 page)

SY 08 Alberta Safety Council/Early Childhood Services (1979). Nuts to nuts. Tot Talk No. 28.

Provides tips for prevention of airway obstruction and accidental poisoning. (1 page)

SY 09 Alberta Safety Council/Early Childhood Services (1979). Plop, plop, fizz, fizz . . . Boom! Tot Talk No. 32.

Discusses the dangers of household products. (1 page)

SY 10 Alberta Safety Council/Early Childhood Services (1979). Shocking experiences. Tot Talk No. 27.

Lists simple rules for electrical home safety. (1 page)

SY 11 Alberta Safety Council/Early Childhood Services (1979). There's trouble afoot. Tot Talk No. 30.

Provides tips to prevent barefoot injuries. (1 page)

SY 12 Alberta Safety Council/Early Childhood Services (1983). All fired up for Christmas. Tot Talk No. 36.

Provides safety tips for Christmas. (1 page)

SY 13 Kiome, E. (1991). "Safety's gone to the head": Grey Nuns Hospital bicycle helmet campaign. Runner, 29(2), 31-36.

Discusses bicycling injuries and safety, and details ways to encourage children to use helmets. (6 pages)

Self-Concept/Self-Esteem

SC 01 Weiss, M. R. (1989). Youth sports: Is winning everything? Childhood Education, 65(4), 195-196.

Discusses good and bad aspects of having children compete at sports. Includes tips to help children enjoy playing sports. (2 pages)

Television/Advertising

TN 01 Fredericks, A. D. (1991). Making the most of TV. Teaching Pre K-8, 21(4), 18.

Describes several ways parents can make television-watching a valuable activity for children. (1 page)

TN 02 Notar, E. (1989). Children and TV commercials: "Wave after wave of exploitation." Childhood Education, 66(2), 66-67.

Discusses the effects of television programming and advertising on children's values and recommends that parents should know what their children are watching on television so they can help them to critically analyze what they are viewing. (2 pages)

RG 06 Schweitzer, H. (1990). A reluctant writer joins in. Journal of Computing in Childhood Education, 1(3), 57-64.

Describes how one teacher used a computer to encourage a student to write in school. An example of how support and encouragement can help children accomplish tasks. (8 pages)

RG 07 Swinger, A. K. (1989). Books in the family. The Gifted Child Today, 12(2), 6-8.

Describes ways families can share books and encourage reading. (3 pages)

Safety

SY 01 Alberta Safety Council/Early Childhood Services (1977). Hallowe'en Safety. Tot Talk No. 6.

Discusses Hallowe'en safety. (1 page)

SY 02 Alberta Safety Council/Early Childhood Services (1977). Tots and traffic. Tot Talk No. 5.

Lists traffic safety tips. (1 page)

SY 03 Alberta Safety Council/Early Childhood Services (1977). Tots and travel. Tot Talk No. 4.

Provides recommendations for car safety. (1 page)

SY 04 Alberta Safety Council/Early Childhood Services (1977). Tots in trouble. Tot Talk No. 3.

Discusses the Block Parent Program. (1 page)

SY 05 Alberta Safety Council/Early Childhood Services (1978). Summer safety. Tot Talk No. 10.

Discusses summer hazard prevention. (1 page)

SY 06 Alberta Safety Council/Early Childhood Services (1979). Go play in the traffic. Tot Talk No. 26.

Discusses pedestrian safety and provides teaching tips for parents. (1 page)

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